

- *existence is one... the totality of whatsoever is* •

wei wu wei... action through inaction

Beloved Gurudev, your suggestion about passivity is making more and more sense. The understanding is getting deeper and things becoming clearer.

At the same time more questions about type of thoughts, desires, and impulses appear. For example, at one time there could be a desire to have sex, at another time there could be a desire to meet you and be with you.

My question is: How to distinguish between different desires? For which one should I be passive and which one to follow? Please help to clear this confusion.

See the tricks of the mind... how it plays tricks.

"How to distinguish between different desires?"

Who is asking this? ...The mind! The mind, which you want to keep passive, is trying to become active again. And see how cleverly it becomes active; because it likes activity. Without activity, what is mind? All the time it needs activity... something or the other. It needs excuses.

When you are in deep sleep, how do you distinguish between different desires? And where is the mind in deep sleep? In deep sleep you don't ask questions because you are totally passive. If there is activity in sleep, then you start seeing dreams. In dreams, unfulfilled desires take on so many forms, creating a new world, an illusory world.

Just remain passive, Manish! Why are you asking this question? Just remain passive, whether it is a sex-thought or it is a desire to meet me... whatsoever. Just watch what happens and you will see that things are happening and you are not the doer.

This question arises because you only know the language of *doing*. In passivity, the action will happen. All the activities will continue because you are not blocking them, you are not holding

- *things are happening, you are not the doer* •

them back, you are not stopping them; you are just becoming passive.

Passivity means non-doership... and the more rooted you are in your passivity, the more appropriate will be the activity. If there is a desire to see me... remain passive and the desire will be fulfilled; you will be sitting before me and talking. But remain passive... why distinguish between this and that?

But it is a trick of the mind, it *wants* activity. It will say, "OK, ask Gurudev a question." That is how the mind plays tricks because mind is nothing but activity, nothing but doership.

If passivity is making more and more sense, remain passive, don't ask questions. Just remain passive and you will see, when it is needed, you are there, doing your job. The job will happen. You are passive; you are not doing it, it is happening. And when it is happening, it simply means that you are passive, you are letting things happen.

Zen Masters call it *wei wu wei*... action through inaction.

In reality, all actions are happening. It is an assumption, an imagination, a belief, that you are doing it. Actually you are not doing anything.

So, if this makes any sense to you, then there is no need to distinguish between different desires. Leave them alone; they will take care of themselves, not you. When you are hungry, you will find that you are in the kitchen. When you need money, you will find that you are with Joshua ...his business partner... in America. Don't think that you are doing, or you have to do – it will happen. The needful will keep happening by itself. You will not become a doer, taking any kind of credit: "I have done this" or "I have to do that." And if you can stay in this state, if you are rooted, if you can stabilize... you are a Buddha, that's all!

Do you think a Buddha is sitting silently all the time? That the whole year He is not walking? He is not talking? He is not eating? No. While He is walking, He is not a walker; while He is eating, He is not an eater. Actually *He* never does anything. And because He does not claim doership, that is why He does not blame nor feel

guilty.

But you claim everything. First you take the delivery on yourself and then you claim... and then you blame! You either praise or you condemn; you either repent, or you feel proud... but things are simple, just leave them aside, don't take the delivery. Then desires will take care of themselves... even sex will take care of itself.

Why are you worried? Will sex not happen if you are passive? Passivity does not mean that one should manipulate or control. I am not stopping you from anything. Let the sex happen; let it be a happening. And if sex happens in passivity, only then it is really sex. If you are *doing* it, it may be more like a rape. But we are doers. And because we don't know the art of remaining passive in sex, it never satisfies us. The art is: Remain passive.

Now it is little difficult to remain passive while having sex, so don't try the art of remaining passive during sex right away ...Gurudev chuckles... first try... *Ho Jaaye!* ...big laughter... First try passivity in small things: Just sit silently and be passive. But maybe you are ready, Manish! ...Gurudev breaks into laughter... *Ho Jaaye!* ...laughter...

If you have understood how to remain passive, if you have got the knack, it will automatically move in other directions, towards sex also. Then passivity will start spreading all over your life.

Do you see how much work I am doing, and have done in the past? I look active because I allow activity to happen, but deep down I remain passive. And Rajan has caught me so beautifully.

So, just remain passive at the center.

Even if you have to kill thousands of people, kill. That is what Lord Krishna is teaching Arjuna: "Don't take the credit, don't take the delivery, don't say I-am-the-doer. The war wants to happen. I know that it has already happened. In time you will also see that somewhere, on a subtler plane, these people are already dead. So pick up your bow and arrow and proceed – do your job."

So, remain passive, Manish! ...And you are a passive one; you are a very silent one... hm! Try to understand the whole game of

• *just remain passive at the center* •

mind. Mind creates beautiful questions; it thinks that they are very-very significant questions. But they are not significant; they are just a trick of the mind.

But this does not mean that you should not ask. Ask as many questions as you want.

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